



Barbour Lane Animal Hospital

Dental Home Care

Recommended diet after dental:

- Offer a little water (about 1/4th of a cup) after returning home.
- If there is **no** vomiting after 30 minutes, you may offer food (smaller meal than normal, also about 1/4th of what you would normally feed).
- If there **is** vomiting wait until the next morning to feed your dog or cat. The following day you may return to normal feeding.

Special Instructions that may apply to your pet:

- If your pet has had a tooth extracted (or in some situations, multiple extractions) then you will be given an oral pain medication to give at home. Start this the morning after surgery. Even if your pet does not seem overtly painful, it is best to give these medications for at least the first 1-2 days after extraction.
- If your pet becomes lethargic, has vomiting or diarrhea, please contact the office before continuing medications.
- You may need to soften the dry kibble or feed a canned diet for 5-7 days after surgery. It is better to soften the dry food that your pet is accustomed to eating. A change in diet may cause gastrointestinal irritation.
- Any sutures placed in the mouth will absorb and do not need to be removed.

Recommended Preventive Options after Cleaning

We offer a variety of options to help keep your pets teeth clean and healthy for the future. These options will not eliminate the need for future cleanings. They will extend the period of time between cleanings and help with bacteria.

- Oxyfresh Oral Solution: Using a little in the pets water daily helps kill bacteria and prevent tartar build-up.
- Tooth Brushing: This can be difficult to accomplish with most pets, but can be a great benefit.
- Enzadent Oral Chews: A rawhide with an enzyme to help kill bacteria and the chewing activity helps prevent tartar build-up.
- Hills T/D Dental Diet: Good as treats, giving 1-2 biscuits a day to help prevent tartar build-up.
- Purina DH Dental Diet: A prescription diet to be fed daily to prevent tartar build-up. Has the same protein as a maintenance diet and has meat as the first ingredient. (available for cats and dogs, small bite or regular bite size).
- Kong Toys/Nylabones: help to prevent tartar build-up. Fill the Kong with peanut butter then place it in the freezer until frozen. This allows your pet more time to chew on the Kong.

All of these recommendations can be used in combination for an even better preventive care routine

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